



2025 – 2026 Senior Academy Training Schedule – Revised Aug 24, 2025

Date:	Time	Location	Focus
Saturday September 13, 2025	1:00 pm - 3:30 pm	LEC – Gym	On Court Tr.
Sunday September 14, 2025	1:00pm - 3:30pm	LEC – Gym	On Court Tr.
Saturday September 27, 2025	1:00pm - 3:30pm	LEC – Gym	On Court Tr.
Sunday September 28, 2025	11:00am - 2:30 pm	LEC – Gym	Scrimmage vs Langara / Cap
Saturday October 4, 2025	1:00 – 3:00 pm	LEC- Gym	On Court Training with Mike MacKay CB
Sunday October 5, 2025	11:00 am – 2:30 pm	LEC – Gym	Scrimmage vs Langara / TWU
Saturday October 18, 2025	1:00pm - 3:30pm	LEC – Gym	On Court Tr.
Sunday October 19, 2025	1:00pm - 3:30pm	LEC – Gym	On Court Training
Saturday October 25, 2025	1:00pm - 3:30pm	LEC – Gym	On Court Training.
Sunday October 26, 2025	1:00pm - 3:30pm	LEC – Gym	On Court Training
Saturday November 8, 2025	10:00 am - 3:30 pm	LEC - Gym	On Court Training
Sunday November 9, 2025	1:00pm - 3:30pm	LEC – Gym	Scrimmage vs Edge
Saturday March 14, 2026	11:30am – 2:00pm	LEC – Gym	Testing/ Camp prep
Sunday March 15, 2026	11:30am – 2:00pm	LEC – Gym	Skill Assessment, IPP